

DEFINITIONS OF **EMPOWERMENT**

What does the word “empowerment” meant to you?

“Empowerment” according to Merriam-Webster online

- 1 : to give official authority or legal power to
<empowered her attorney to act on her behalf> 2 : enable
1a 3 : to promote the self-actualization or influence of
<women's movement has been inspiring and
empowering women — Ron Hansen>
- — em·pow·er·ment \-mənt\ *noun*

“Empowerment” according to dictionary.com

- 1. to give power or authority to; authorize, esp. by legal or official means: *I empowered my agent to make the deal for me. The local ordinance empowers the board of health to close unsanitary restaurants.*
- 2. to enable or permit: *Wealth empowered him to live a comfortable life.*

“Empowerment” according to Wikipedia.com

- Empowerment refers to increasing the spiritual, political, social or economic strength of individuals and communities. It often involves the empowered developing confidence in their own capacities.

Creating a

PERSONAL MISSION STATEMENT

1. Make a list of your values: What is important to you.
 - Narrow the list down to 5-6 of the most important values
 - Eventually, narrow the list down to you most important value.

2. Make a list of the ways you can make a difference. Figure out how you can contribute to:

- The world _____
- Your family _____
- Your school or future career _____
- Your friends _____
- Your community _____

3. Identify your goals. Spend some time thinking about your priorities in life and the goals you have for yourself.

4. Begin writing your mission statement. After you have a better understanding of yourself, use the last 3 steps to write your mission statement.